

The First Fresco International Art Therapy Training Program

Art Therapy Specialization in Movement Disorders and other Neurodegenerative Diseases

*An International Initiative in collaboration
with the NYU Graduate Art Therapy Program*

**Fresco
Academy**

2020

09.07-10.05

Fresco[®]
Parkinson
Institute

VILLA MARGHERITA

PROGRAM GOALS

This program focuses on the training of practicing art therapists to master the theories and practice of art therapy techniques for clients with movement disorders and other neurodegenerative diseases. The program aims to offer:

- Comprehensive scientific background on pathophysiology, clinical phenomenology, functional needs and current standards of care in the field of Parkinson's Disease and related conditions.
- Ability to identify population-specific symptoms and challenges experienced by clients suffering from common neurodegenerative disease, including motor disability, behavioral abnormalities, cognitive changes, psychiatric comorbidities and effects of medications.
- General understanding of the main diagnostic and therapeutic challenges encountered by health professionals while interacting with these clinical populations.
- Specific knowledge and techniques in art therapy practices working with these particular populations.
- Skills in identifying and assessing psycho-physiological conditions manifested in the art making processes and the products created by these populations.
- Confidence to approach clients struggling with a chronic progressive neurodegenerative conditions, and to deliver individualized, comprehensive art therapy treatment.



Villa Margherita - Vicenza, Italy

PROGRAM STRUCTURE

The training program consists of **webinar lectures held over four weeks, totaling 28 hours, 7 hours a week** of theoretical learning.

An optional practicum training will be tentatively offered in Italy upon successful completion of the theoretical component of the course, to provide direct engagement with clients under the supervision of credentialed art therapists and expert neurologists. The practicum training is scheduled in spring 2021, pending on the international health contingencies and potential travel restrictions due to COVID-19 pandemic, taking place at the **Villa Margherita Fresco Parkinson Center** in the town of **Vicenza**, located approximately 25 miles from the city of Venice.

Please, refer to our institutional website: <https://www.frescoparkinsoninstitute.com/?lang=en> for relevant updates and notifications.

An **International Certificate of Competence** will be issued by the **NYU Graduate Art Therapy Program – Fresco Parkinson Institute** Faculty Board upon the successful completion of the training program.

COURSE DIRECTORS

Ikuko Acosta, PhD, LCAT, ATR-BC

*Clinical Associate Professor,
Director of the NYU Steinhardt Graduate Art Therapy Program.*

Alberto Cucca, MD

Movement Disorders Specialist, Fresco Parkinson Center Villa Margherita, Italy; Adjunct Professor of Neurology NYU Grossman School of Medicine.

Daniele Volpe, MD

Director of Rehabilitation Medicine Unit, Fresco Parkinson Center Villa Margherita, Vicenza, Italy, Executive Director Fresco Parkinson Institute Italia; Adjunct Professor of Neurology NYU Grossman School of Medicine.

THEORETICAL TOPICS

Theoretical learning will be offered in form of 1 to 2 hours long webinar lectures covering the following topics:

- Overview on Neurodegenerative Diseases
- Childhood onset Movement Disorders
- Functional – Psychogenic Movement Disorders
- Alzheimer's Disease and other Dementias
- Chorea, Dystonia, Tremor, and other Hyperkinetic Movement Disorders
- Parkinson's disease: Pathophysiology and Clinical manifestations
- Pharmacological and Non-pharmacological Treatments for Parkinson's Disease
- Neuropsychological profile of patients with Parkinson's Disease and other parkinsonisms
- Comprehensive Integrated Model of Care in Parkinson's Disease
- Creativity and Artistic Expression in people with Parkinson's Disease: The Artist's Perspective
- General Theories and Principles of Art Therapy Working in Neurodegenerative Diseases
- Art Therapy Techniques Applicable to clients with Neurodegenerative Diseases (approaches, art materials, art projects)
- Art Therapy Assessment for clients with Neurodegenerative Diseases

LOGISTICS:

Capacity: 25 participants.

Registration: € 50,00

The live online program will be held using the **Zoom application** (<https://zoom.us>) Participants will receive a Zoom link to access the webinar prior to each course. The webinar will open usually 30 minutes before to allow attendees to practice using the platform. For more informations, please contact: info@frescoparkinsoninstitute.it

This training provides **28 hours of continuing education credits** in New York State, US for Licensed Creative Arts Therapists through the New York University Creative Arts Therapies Consortium of the Steinhardt School of Culture, Education, & Human Development. The NYU Steinhardt School of Culture, Education & Human Development is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0062

**Lectures will be given
in English**



Application Procedure:

The following materials are required for applicants:

1. Completed Application

2. Curriculum Vitae including:

- Clinical experience or related experience in art therapy practices
- Educational training from accredited or non-accredited institutions

3. Statement of Intent (2 pages)

- What is your interest in working with this population?
- Please describe a clinical or non-clinical encounter in which you engaged someone creatively? How did you know art making was effective in ameliorating symptoms and/or improving wellness?

For more information, please contact
Ikuko Acosta, PhD, LCAT, ATR-BC at:
ia4@nyu.edu

Application Deadline:

September 4, 2020

Applicants are encouraged to submit applications before the due date. Applications should be submitted in English. Applicants are responsible for reviewing their application for accuracy and completeness prior to submission.

Applications to be submitted online:

<https://bit.ly/32z5cTk>

Payment to be made by bank transfer:

FONDAZIONE FRESCO PARKINSON INSTITUTE ONLUS

Name of the Bank: INTESA SAN PAOLO S.p.A

Branch Number: 68585 - Firenze 9

Branch address: VIALE DEI MILLE 26R, 50131 FIRENZE (ITALY)

IBAN: IT86 W030 6902 9241 0000 0008 266

BIC: BCITITMM

SWIFT: BCITITMMXXX

Organization office:

Fondazione Fresco Parkinson Institute Italia Onlus

Via Sant'Apollinare, 10 - 50014 Fiesole (Firenze)

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Mail: info@frescoparkinsoninstitute.it

Program

week 1 / week 2

Date	Speaker	Topic
Monday, September 7th, 2020		
9:00 am - 10:00 am EST	Alberto Cucca	Overview on Neurodegenerative Diseases and Course Introduction
10:00 am - 12:00 pm EST	M. Felice Ghilardi	Parkinson's Disease: Pathophysiology and Motor symptoms
Tuesday, September 8th, 2020		
9:00 am - 11:00 am EST	Alberto Cucca	Non-motor Features of Parkinson's Disease
11:00 am - 1:00 pm EST	Alessandro Di Rocco	Pharmacological Treatments and Related Complications in Parkinson's Disease
Thursday, September 10th, 2020		
9:00 am - 10:00 am EST	Manuela Pilleri	Advanced Therapeutic Strategies for Parkinson's Disease
10:00 am - 12:00 pm EST	Davide Ferrazzoli	Comprehensive Model of Care for Parkinson's Disease
Monday, September 14th, 2020		
9:00 am - 11:00 am EST	Paola Ortelli	Neuropsychological Profile of patients with Parkinson's Disease and Other Parkinsonisms
Tuesday, September 15th, 2020		
9:00 am - 10:00 am EST	Angelo Quartarone	Hyperkinetic Movement Disorders: Dystonia
10:00 am - 11:00 am EST	Andrew Feigin	Hyperkinetic Movement Disorders: Chorea
Wednesday, September 16th, 2020		
9:00 am - 11:00 am EST	Miriam Carecchio	Childhood onset Movement Disorders

Program

week 3 / week 4 / week 5

Date	Speaker	Topic
Monday, September 21st, 2020		
9:00 am - 11:00 am EST	Alberto Cucca	Visual and Perceptual problems in patients with Parkinson's Disease
Tuesday, September 22nd, 2020		
9:00 am - 10:00 am EST	Lucia Ricciardi	Functional Movement Disorders
10:00 am - 11:00 am EST	Sofia Bonato Matteo Valerio	Creativity and Artistic Expression in Patients with Parkinson's Disease: The Artist's Perspective
Monday, September 28th, 2020		
9:00 am - 11:00 am EST	Marygrace Berberian	General Theories and Principles of Art Therapy Working in Neurodegenerative Diseases Movement Disorders
Tuesday, September 29th, 2020		
9:00 am - 11:00 am EST	Ikuko Acosta	Art Therapy Assessments for Clients with Neurodegenerative Diseases (1 of 2)
Thursday, October 1st, 2020		
9:00 am - 11:00 am EST	Ikuko Acosta	Art Therapy Assessments for Clients with Neurodegenerative Diseases (2 of 2)
Monday, October 5th, 2020		
9:00 am - 11:00 am EST	Ikuko Acosta Marygrace Berberian	Art Therapy Techniques Applicable to Clients with Neurodegenerative Diseases (approaches, art materials, and art projects)
11:00 am - 12:00 pm EST	Ikuko Acosta Marygrace Berberian Alberto Cucca Daniele Volpe	Conclusion of the Training Program